TRAINING BUFFETS:

WE OFFER: TRAINING BUFFETS | BOXED MEALS | PLATTERS | CLICK HERE.

MAIN MEALS:

Chefs set up a food station for convenient lunches: Served with a bread of choice: choose one or two proteins below add in the salad, the vegetable and an optional dessert. If you're looking for box meals or other training options, try our corporate menu.

Teriyaki chicken flavoured with ginger, honey, sesame and spring onions, served on a bed of fluffy jasmine rice, with bok choy.

Butter chicken slowly cooked in a rich sauce of cream, tomatoes, and spices, served on a bed of steamed Jasmin rice.

Rich beef Bolognese loaded with tomatoes, sautéed vegetables, herbs and red wine, served with penne pasta and parmesan cheese.

Moroccan Vegetable Tagine with chickpeas, winter vegetables, green olives, dates and apricots, served on a bed of white rice

Slow Braised Beef Goulash with mixed vegetables and Mashed Potato

Creamy Mac and Cheese sprinkled with paprika

Pasta Campagnola – Chicken sautéed with garlic, mustard, rosemary, mushrooms rounded off with fresh cream on penne

French styled beef stew with mushroom, and onion rice pilaf and salad

Moroccan beef curry with a Jasmin rice and salad

Grilled chicken fillets with a lemon and herb basting – served with baby potatoes

Chicken korma style curry served rice with julienne mixed veg.

Chicken and mushroom lasagne with French summer salad.

Spinach and feta pasta bake (V) -served with Greek salad.

Traditional beef Lasagne served with a Roasted Pumpkin Salad with chickpeas

Fish of the day grilled or battered fish with creamy vegetables

Thai green curry with Jasmin rice

Oven roasted mustard cream chicken pieces and mash

Chicken pieces' flame grilled with lemon and herb/piri piri and mash

Beef strips in an Asian teriyaki sauce wok fried egg noodle

Beef Lasagne Italian style slow cooked

Grilled chicken fillets with a lemon and herb basting – served with baby potatoes

THE IMAGINATION BOX

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Chicken and mushroom lasagne

Spinach and feta pasta bake (V)

Chicken & peppadew quiche with salad

Chicken a 'la King served with rice

Stir fry Hawaiian chicken rice

Chicken stew with country veg and rice.

Roasted pork chop with rock salt and mash

Creamy beef stroganoff with pepper mash or rice or penne pasta

Hake panko goujon deep fried with a lemon sauce with mash

Beef stew mixed veg and potato cubes with rice

Butternut lasagne & spinach lasagne.

Meat balls in a creamy Napolitano sauce with penne pasta

Grilled Chicken breast with tomato based sauce and mash

Bobotie with yellow rice roasted

Moroccan beef curry with a Jasmin rice

chicken in sautéed with garlic, baby marrows and mushrooms served on coos coos.

Sticky beef espitada kebabs served with roasted sweet potatoes and baby potatoes

Sticky chicken kebabs— apricot chutney - Stir fry Hawaiian rice and creamy veg

Add a Table Salad:

Pumpkin, Lentil and Feta Salad | Moroccan Spiced Chickpea Salad | Roasted Pumpkin Salad with chickpeas & feta | Wild Rice Salad with roasted mushrooms, fresh coriander, green apples, baby spinach | Coos Coos with parsley, cucumbers, grilled honey glazed carrots and baby marrow - tangy vinaigrette dressing | Gorgonzola and Frappe Salad - Garden Salad with Blue Cheese Dressing | Curried Couscous with sunflower seed and tomatoes – Lightly curried, Coos coos salad with tomatoes and sunflower seeds | Creamy Dijon Dill Potato Salad – Creamy potato salad with chives | Dang Cold Asian Noodles Salad – Soy noodle, stir fry salad served cold mix in with soya | Romaine Summer Salad – Fresh summer salad with carrots and baby marrow | Greek Salad with Oregano dressing- Traditional Greek salad with traditional dressing | Roasted Sweet Potato Salad with Chutney Dressing – sweet salad, grilled baby marrow and carrot

Add a Side:

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Golden Roasted Potatoes with Balsamic Baby Onions | Broccoli Sautéed with Garlic & Lemon Zest | Green Beans, grilled baby Onion, Feta and Olives | Vegetable bake creamy cheese sauce | Beetroot with cumin & chickpeas | Stir fry Julienne vegetables | Roasted butternut crumbled feta | Creamy cheese, Potato bake | Fluffy rice pilaf | Creamy mashed potato | Coos coos | Pap and tomato based relish | Creamy pepper mash | Crispy roast baby potatoes | Arribiata (Tomato penne) pasta

SET MENUS:

FOR OUR SET TRAINING MENUS – PLEASE EMAIL BY CLICKING HERE